# **CENTRAL FLORIDA CATERING**

(407) 905-5718 Fax (407) 905-5719

### Menu Packet

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# Breakfast and Break Information

### **Food Price Includes**

**Plasticware** 

Equipment and Utensils for food service

China service available at an additional charge

### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

- **1.**Delivery charged at \$35.00 (weekdays 6:00 am 10:00 am)
- 2.Delivery charged at \$50.00 (weekends 6:00 am 10:00 am)
- **3.**Deliveries require a 15 to 30 minute window of arrival, please specify your delivery time when booking
- **4.**Pick ups are scheduled from 12:00 to 2:00 PM ( specific pick up times are by special request only )
- **5.**Special delivery, pick up and service arrangements may be charged an additional fee.
- **6.**Service personnel charged at \$35.00 per hour

(4 hour minimum)

All prices and services are subject to change

### **Additional Items**

Cheese and Meat Filled Quiche
Bacon or Sausage Filled Biscuits
Ham and Cheese Croissants
Mini Soft Rolls with Bacon
Hot Breakfast Puffs
Soft Pretzels
Assorted Cookies
Assorted Brownies
Fruit Filled Tarts
Strawberries and Cream
Sliced Seasonal Melon

\$2.50 to \$3.50 per person

# **Breakfast Break Choice of Two**

Assorted Donuts
Assorted Bagels with Cream Cheese
Fruit Filled Strip Danish
Crumb Cake
Assorted Cookies
Assorted Muffins
Assorted Fruit Breads

### **Choice of One**

Seasonal Fresh Cut Fruits Assorted Yogurt Cups Whole Fruits

### **Choice of One**

Regular and Decafe Coffee
Assorted Hot Teas
Orange Juice
Apple Juice
Grape Fruit Juice

\$5.00 per person

# Afternoon Break Home Baked Cookies And Gourmet Brownies

### **Choice of One**

Potato Chips and Dip Nacho Chips and Salsa Mixed Nuts Garden Vegetables with Dips Seasonal Fresh Cut Fruits Assorted Cheeses and Crackers

\$4.50 per person

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### Page 1

# **Breakfast Buffet Choice of One**

Scrambled Eggs
Poached Eggs
Waffles
French Toast
Pancakes

### **Choice of Two**

Bacon Strips Sausage Patties Sausage Links Smoked Ham Slices Corn Beef Hash

### **Choice of Two**

Home Fried Potatoes
Hash Browns
Sausage Gravy
Southern Grits
Oatmeal
Assorted Cold Cereals with Milk
Biscuits with Butter and Jelly
Assorted Muffins
Seasonal Fresh Cut Fruits
Mini Danish
Assorted Donuts
Assorted Bagels with Cream Cheese

### \$8.50 per person

(other choices available) (additional charges apply)

Eggs Benedict
Mini Cheese Omelets
Fried Eggs with Cheese
Waffle Station
Chef Attended Omelet Station
Chef Attended Carving Station

# **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Orange or Grapefruit or Apple Juice
Plain Bottled Waters
Assorted Hot Teas
Iced Tea
Lemonade

# Sandwich Lunch Buffet

### **Food Price Includes**

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

booking

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

1.Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm)
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3.Deliveries require a 15 to 30 minute window of arrival, please specify your delivery time when

- **4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)
- **5.**Special delivery, pick up and service arrangements may be charged an additional fee.
- **6.**Service personnel charged at \$35.00 per hour(4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

### \$2.50 per person Substitute Salad List

Ranch Style Pasta and Vegetable Tossed Pasta Parmesan Pasta Shells with Tomato and Basil Deli Style Pasta Salad

\$2.00 per person

# Cold Sandwich Buffet Choice of

Sliced Turkey, Ham and Roast Beef Tuna and Chicken Salad Croissants Double Decker Clubs with Bacon Chicken and Tuna Salad Pitas Mini Filled Croissants Mini Kaiser Roll Sandwiches Jumbo Italian Subs Assorted Sandwich Wraps Assorted Finger Sandwiches

### **Choice of One**

Pasta Vegetable Salad Red Potato Salad Cole Slaw

(choose from substitute salad list)

### **Menu Also Includes**

Potato Chips Assorted Cookies or Brownies Sliced cheese tray, lettuce, tomato, pickle, olives, mustard and mayonnaise

# \$8.50 per person Soup Selections

French Onion
Chicken Noodle
Garden Vegetable
Beef Vegetable
Cream of Potato
Cream of Broccoli
Minestrone
Beef and Bean Chili
Served with Assorted Crackers

\$2.50 per person

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# Hot Sandwich Buffet #1

### **Choice of One**

Meatball Subs with Cheese
Italian Sausage, Peppers and Onions
Grilled Chicken Breast with Peppers
Chicken Breast Philly with Cheese
Grilled Hamburgers or Hot Dogs
Sloppy Joes

## \$9.00 per person Hot Sandwich Buffet #2

### **Choice of One**

Philly Cheese Steak Sub Chicken Fajita Wraps Beef Fajita Wraps Rib Eye Steak Sandwich Grilled Grouper Sandwich

### \$10.00 per person

(Above Menus served with)

### Choice of Two

Oven Browned Potatoes
Potato Salad
Cole Slaw
Baked Beans
Macaroni and Cheese
Baked Potatoes
Garden Vegetables with Dips
Seasonal Fresh Cut Fruits
(or choose from salad list)

### Menu Also Includes

Condiment Tray
Potato Chips
Assorted Cookies or Brownies

# **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Assorted Bottled Waters
Assorted Hot Teas
Iced Tea
Lemonade

# Cold Lunch Buffet

### **Food Price Includes**

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

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(weekends 10:00 am - 1:00 pm) 3.Deliveries require a 15 to 30

- minute window of arrival, please specify your delivery time when booking
- **4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)
- **5.**Special delivery, pick up and service arrangements may be charged an additional fee.
- **6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad Tossed Salad Greens Spinach Salad Salad Greens with Mandarin Orange Hearts of Romaine Raspberry Seasonal Fresh Cut Fruits

\$2.50 per person

#### Substitute Salad List

Ranch Style Pasta and Vegetable Tossed Pasta Parmesan Pasta Shells with Tomato and Basil Deli Style Pasta Salad

\$2.00 per person

# Light Sandwich Buffet Choice of One

Sliced Turkey, Ham and Roast Beef
Assorted Filled Croissants
Double Decker Clubs with Bacon
Chicken and Tuna Salad Sandwiches
Egg and Ham Salad Sandwiches
Stuffed Meat and Veggie Pitas
Mini Filled Croissants
Mini Kaiser Roll Sandwiches
Jumbo Italian Subs
Assorted Finger Sandwiches

### **Choice of One**

Pasta Vegetable Salad Red Potato Salad Cole Slaw

(or choose from substitute list)

### Menu Also Includes

Potato Chips No Dessert Sliced cheese tray, lettuce, tomato, pickle, olives, mustard and mayonnaise

\$6.50 per person

### **Soup Selections**

French Onion
Chicken Noodle
Garden Vegetable
Beef Vegetable
Cream of Potato
Cream of Broccoli
Minestrone
Beef and Bean Chili
Served with Assorted Crackers
(other choices available)
\$2.50 per person

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# **Deluxe Light Lunch Buffet**

Assorted Finger Sandwiches Grilled Marinated Chicken Breast (served with sauces)

### **Choice of Three**

Tomato and Cucumber Salad Spinach Salad Romaine Salad with Raspberries Tossed Pasta Parmesan Garden Vegetables with Dips Seasonal Fresh Cut Fruits (or choose from any salad list)

### **Menu Also Includes**

Assorted Cookies or Brownies

\$10.50 per person

# Other Available Choices (some items may effect price)

Mushroom Stuffed Cold Tenderloin
Smoked Turkey Breast
Peppered Sliced Prime Rib
Shrimp Seafood Salad
Albacore Tuna Salad
Chicken or Tuna Stuffed Tomato
Honey Baked Spiral Ham
Jumbo Shrimp Cocktail
Smoked Turkey or Ham Roll Ups
Fresh Made Soup or Chili
Sliced Deli Meat Tray
Deviled Eggs
Oriental Egg Rolls with Sauce
Spicy Chicken Wings
Stuffed Mushrooms

## **Beverages**

Regular and Decafe Coffee Assorted Sodas Plain Bottled Waters Assorted Hot Teas Iced Tea Lemonade

# **Cold Lunch Buffet Menus**

### Food Price Includes

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### Minimums

10 person Minimum

### **Delivery and Service Charges Below Apply To The Local Orlando Area Only**

1.Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm) 2.Delivery charged at \$50.00 (weekends 10:00 am - 1:00 pm) 3. Deliveries require a 15 to 30

minute window of arrival, please specify your delivery time when booking

**4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request 5.Special only) delivery, pick up and service arrangements may be charged an additional fee.

6. Service personnel charged at \$35.00 per hour

(4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad **Tossed Salad Greens** Spinach Salad Salad Greens with Mandarin Orange Hearts of Romaine Raspberry Seasonal Fresh Cut Fruits Garden Vegetables with Dips \$2.50 per person

### **Substitute Salad List**

Ranch Style Pasta and Vegetable Tossed Pasta Parmesan Pasta Shells with Tomato and Basil Macaroni Salad with Tuna Deli Style Pasta Salad

\$2.00 per person

## Soup and Salad **Buffet**

### Choice of Two

Tuna Salad White Breast Chicken Salad Smoked Ham Salad Shrimp and Seafood Salad Deluxe Chef's Salad Chicken Salad Veronique Sliced Marinated Chicken Breast Anti Pasta Salad with Meats Sliced Turkey Breast with Sprouts Deluxe Taco Salad with Tortillas Chicken Spinach Salad

### Choice of One

Seasonal Fresh Cut Fruits Pasta Vegetable Salad Red Potato Salad Cole Slaw

### Menu Also Includes

Assorted Breads and Rolls Condiment Tray w/ Peppers & Olives Assorted Cookies or Brownies

### Choice of One

French Onion Chicken Noodle Garden Vegetable Beef Vegetable Cream of Potato Cream of Broccoli Minestrone Beef and Bean Chili Served with Assorted Crackers (other choices available) \$9.50 per person

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## **Baked Potato Buffet**

#### **Large Baked Potato**

Served with:

Shredded Cheddar and Swiss, Bacon Bits, Sour Cream, Butter, Broccoli Florets and Chives

### Choice of Three

Tomato and Cucumber Salad Spinach Salad Romaine Salad with Raspberries Tossed Pasta Parmesan Garden Vegetables with Dips Seasonal Fresh Cut Fruits

### Menu Also Includes

Assorted Cookies or Brownies

\$8.50 per person

# Other Available Choices

(additional charges apply)

Fresh Made Soup or Chili **Smoked Turkey Breast** Sliced Deli Meat Trav Vegetarian Garden Burgers Tuna Salad Chicken or Tuna Stuffed Tomato Egg Rolls with Sauce Spicy Chicken Wings Deviled Eggs Grilled Chicken Breast Jumbo Shrimp Cocktail

# **Beverages**

Regular and Decafe Coffee Assorted Sodas Plain Bottled Waters Assorted Hot Teas Iced Tea Lemonade

**\$1.50 person** 

# Cold Lunch Buffet

### **Food Price Includes**

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

**1.**Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm) **2.**Delivery charged at \$50.00

- (weekends 10:00 am 1:00 pm) 3.Deliveries require a 15 to 30 minute window of arrival, please
- specify your delivery time when booking
- 4.Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only) 5.Special delivery, pick up and service
- arrangements may be charged an additional fee.
- **6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

### \$2.50 per person Substitute Salad List

Ranch Style Pasta and Vegetable Tossed Pasta Parmesan Pasta Shells with Tomato and Basil Macaroni Salad with Tuna Deli Style Pasta Salad

\$2.00 per person

## Gourmet Lunch Buffet

Cold Sliced Beef Tenderloin and Grilled Marinated Chicken Breast

Served with Gourmet Sauces

### **Choice of Three**

Tomato and Cucumber Salad Spinach Salad Romaine Salad with Raspberries Tossed Pasta Parmesan Garden Vegetables with Dips Seasonal Fresh Cut Fruits

### Menu Also Includes

Assorted Rolls, Croissants & Butter Assorted Cookies or Brownies

\$17.00 per person

### **Other Available Choices**

(items may effect menu price)

Mushroom Stuffed Cold Tenderloin
Smoked Turkey Breast
Peppered Sliced Prime Rib
Shrimp Seafood Salad
Albacore Tuna Salad
Chicken or Tuna Stuffed Tomato
Honey Baked Spiral Ham
Oriental Egg Rolls with Sauce
Stuffed Mushrooms
Smoked Fish Dip with Crackers
Smoked Salmon
Jumbo Shrimp Cocktail
Snow Crab Legs
Hot Crab Dip with Pita Chips

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## Cold Seafood Lunch Buffet

Jumbo Cocktail Shrimp Lobster Tails King Crab Legs Smoked Salmon

### **Choice of Three**

Tomato and Cucumber Salad Spinach Salad Romaine Salad with Raspberries Tossed Pasta Parmesan Garden Vegetables with Dips Seasonal Fresh Cut Fruits

### Menu Also Includes

Assorted Crackers Assorted Cookies or Brownies

> Market Price \$ per person

### Other Available Choices

(all items priced upon request)
Grilled Tuna Steaks
Broiled Fresh Snapper Filets
Shrimp Scampi
Clam Bake
Stuffed Baked Shrimp
Flounder with Crab Meat Stuffing
Steamed Maine Lobsters
Grilled Grouper with Lemon
Seafood Jambalaya
Grilled Maui Maui
Oysters Rockefella
Clam Chowder

# **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Plain Bottled Water
Assorted Hot Teas
Iced Tea
Lemonade

\$1.50 person

# **Box Lunch Information**

### **Food Price Includes**

All plasticware, napkin & condiments

Individual tissue lined box

### Minimums and Pricing

10 person minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

- **1.** Delivery charged at \$35.00 (weekdays 6:00 am 3:00 pm)
- 2. Deliveries require a 15 to 30 window of arrival, please specify delivery time preference when booking lunch.
- **3.** Delivery charged at \$50.00 (weekends 6:00 am 10:00 pm)
- **4.** Some delivery and set up arrangements may be charged an additional fee.
- **5.** Service people charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

### \$2.50 per person Substitute Salad List

Ranch Style Pasta and Vegetable
Tossed Pasta Parmesan
Pasta Shells with Tomato and Basil
Bleu Cheese Potato Salad
Macaroni Salad
Deli Style Pasta Salad
Marinated Vegetables
Three Bean and Cheese Salad
Tomato and Cucumber Salad

\$2.00 per person

### Box Lunch Choice of

Turkey Sandwich
Smoked Ham Sandwich
Smoked Ham Salad
Deluxe Chef's Salad
Tuna Salad Sandwich
Chicken Salad Sandwich
Roast Beef
Italian Sub
Corned Beef
Veggie Stuffed Pitas
Choice of Bread

whole wheat, rye, white, whole grain, pumpernickel, sub roll, kaiser roll *Croissant add .25 per person*Cheese add .25 per person

### **Choice of Two**

Pasta Vegetable Salad
Red Potato Salad
Cole Slaw
Whole Fruit
Yogurt Cup
(or choose from substitute list)

### Menu Also Includes

Bag of Chips Large Chocolate Chip Cookie (lettuce and tomato upon request)

### \$8.50 per person

### Other Items Available

(additional charges apply)
Fresh Made Soups
Dry Snacks and Nuts
Trail Mix
Fried Chicken
Vegetarian Selections
Cake, Pie or Brownie

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### **Deluxe Box Lunch**

### **Choice of One**

Sliced Tenderloin of Beef Honey Baked Sugar Ham Vegetarian Pasta and Salad Plate Smoked Salmon with Wafers Deluxe Club Sandwich Grilled Marinated Chicken Breast

### **Choice of Two**

Tomato and Cucumber Salad Spinach Salad Romaine Salad with Raspberries Tossed Pasta Parmesan Garden Vegetables with Dips Seasonal Fresh Cut Fruits (or choose from any list)

### Menu Also Includes

Mini Rolls and Butter Key Lime Pie or Cheese Cake

\$10.50 to \$15.00 per person

### **Beverages**

Assorted Sodas
Plain Bottled Waters
Lemonade
Iced Tea

\$1.50 per person

Specials Requests
We can custom design
any box lunch for any
occasion. Ask about our
wide selection of gift
and food baskets

# Cold Plated Lunch

### **Food Price Includes**

**Plasticware** 

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

booking

10 person Minimum

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3.Deliveries require a 15 to 30 minute window of arrival, please specify your delivery time when

- **4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)
- **5.**Special delivery, pick up and service arrangements may be charged an additional fee.
- **6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

#### **Premium Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

### \$2.50 per person Substitute Salad List

Ranch Style Pasta and Vegetable Tossed Pasta Parmesan Pasta Shells with Tomato and Basil Deli Style Pasta Salad

\$2.50 per person

# Plated Selections Choice of One Entree

Stuffed Tomato (with chicken or tuna salad) Marinated Chicken Breast (with angel hair pasta) Stuffed Avocado (with tuna or chicken salad) Chicken Salad Veronique (with white grapes and pecans) Chicken Caesar Salad (grilled with dressings) Sliced Marinated Chicken (served with a variety of sauces) Filled Pita Pocket (choice of fillings) Turkey and Ham Club Sandwich (with bacon, lettuce and tomato) Croissant Sandwich (choice of fillings) 1/2 Turkey & Ham on Whole Wheat (with lettuce, tomato and pickle) Deluxe Chef's Salad (served on bed of greens) Fresh Fruit Plate (served with cottage cheese)

### **Choice of Two Sides**

Choice of Salad Seasonal Fresh Cut Fruits Meat and Bean Chili Choice of Soup

### Menu Also Includes

Garlic Bread, Rolls or Croissants Assorted Cookies or Brownies

\$10.00 per person

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# Deluxe Plated Selections Choice of One Entree

Trio Salad Plate
(tuna, chicken and seafood salad)
Cold Sliced Tenderloin of Beef
(with sliced mushrooms and sauces)
Cold Sliced Pork Tenderloin
(served with papaya sauce)
Sliced Smoked Salmon
(with capers and condiments)
Cold Shrimp Platter
(with sauces and lemon)
Deluxe Deli Platter
(with deli meats and cheeses)
Smoked Turkey Platter
(with guacamole and garden sprouts)

### **Choice of Two Sides**

Choice of Salad Seasonal Fresh Cut Fruits Meat and Bean Chili Choice of Soup

### Menu Also Includes

Garlic Bread, Rolls or Croissants Assorted Cookies or Brownies

\$11.50 to \$17.00 per person

### Beverages

Regular and Decafe Coffee Assorted Sodas Plain Bottled Waters Assorted Hot Teas Iced Tea Lemonade

### **Food Price Includes**

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

**1.**Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm) **2.**Delivery charged at \$50.00

- (weekends 10:00 am 1:00 pm) 3.Deliveries require a 15 to 30
- minute window of arrival, please specify your delivery time when booking
- **4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)
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- **6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### **Premium Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

### \$2.50 per person Substitute Salad List

Ranch Style Pasta and Vegetable
Tossed Pasta Parmesan
Pasta Shells with Tomato and Basil
Macaroni Salad with Tuna
Deli Style Pasta Salad

\$2.50 per person

# **Specialty Buffet Choice of One Entree**

Chicken Breast Provencal
Grilled Marinated Chicken Breast
Chicken Marsala
Chicken Breast Jardiniere
Chicken Breast Dijonaise
Poached Champagne Chicken
Roasted Turkey with Gravy
Mushroom Beef Roulade
Sliced Roast Beef with Onion Au Jus
Chicken Fried Beef Steak with Gravy
Pot Roast with Vegetables
Sliced Baked Ham
Grilled Pork Chops with Onion Glaze
Baked Fresh Fish Fillets with Lemon

### **Choice of One Salad**

### **Choice of One Vegetable**

Whole Green Beans
Corn on the Cob
Broccoli Spears
Broccoli Cauliflower Carrot Medley
Baby Whole Carrots
Grilled Squash and Zucchini

### **Choice of One Side**

Fresh Mashed Potatoes
Oven Brown Potatoes
Parsley Potatoes
Baked Potatoes
Baked Sweet Potatoes
Wild Rice
Rice Pilaf

### Menu Also Includes

Rolls and Butter
Assorted Cookies or Brownies
\$10.00 per person

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### **BBO** Buffet

### **Choice of One Entree**

BBQ Chicken Quarters
Grilled Marinated Chicken Breast
BBQ Pulled Pork with Rolls
BBQ Sliced Beef with Rolls
BBQ Pork Ribs
BBQ Beef Short Ribs

### **Choice of One Salad**

Potato Salad Pasta Salad Cole Slaw

### Choice of Two Sides

BBQ Baked Beans
Macaroni and Cheese
Country Rice Pilaf
Corn on the Cob
Black Eyed Peas and Ham
Baked Potatoes
Oven Browned Potatoes
Whole Green Beans
Fresh Mashed Potatoes

### Menu Also Includes

Rolls and Butter Assorted Cookies or Brownies

\$10.00 per person

### **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Plain Bottled Waters
Assorted Hot Teas
Iced Tea
Lemonade

### **Food Price Includes**

**Plasticware** 

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

1.Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm)
2.Delivery charged at \$50.00 (weekends 10:00 am - 1:00 pm)
3.Deliveries require a 15 to 30 minute window of arrival, please

minute window of arrival, please specify your delivery time when booking

**4.**Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)

**5.**Special delivery, pick up and service arrangements may be charged an additional fee.

**6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### Salad List

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

\$2.50 per person

## Cajun Style Buffet

### **Choice of One Entree**

Chicken Breast Etoufee
Marinated Chicken with Black Bean
Cajun Style Baked Fish
Cajun Meat Loaf
Peppered Grouper with Lemon
Cajun Beef and Peppers
Oven Fried Cajun Chicken
Cajun Pot Roast
Honey Spiced Cajun Chicken
Cajun Pork Roast

### **Choice of One Salad**

Cajun Style Pasta Salad Tossed Salad with Peppers (or choose from salad list)

### **Choice of Two Sides**

Cajun Green Beans
Cajun Mashed Potatoes
Cajun Sweet Potatoes
Cajun Roasted Potatoes
Dirty Rice
Cajun Vegetable Sauté
Cajun Baked Beans

### Menu Also Includes

French Bread and Butter Assorted Cookies or Brownies

\$10.00 per person

### **Cajun Soups......\$2.50**

Cajun Style Chili Cajun Vegetable Soup Cajun 9 Beans Soup Jambalaya Soup

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# Cajun Choice (some choices effect menu price)

Seafood Jambalya
Pork Chops Creole
Cajun BBQ Ribs
Cajun Chicken and Sausage
Cajun Sausage and Rice
Cajun Pork Chops
Blackened Chicken
Pork Jambalaya
Stuffed Tenderloin Bouliche'
Cajun Chicken Stir Fry
Mustard Cajun Chicken
Blackened Grouper
Shrimp Etouffe
Chicken Etouffee
Chicken Breast with Jalapeno Sauce

### Cajun Sides

Cajun Fettucini Alfredo
Cajun Corn Bread
Cajun Rice with Apples and Raisins
Cajun Stuffed Tomatoes
Cajun Fried Potatoes
Corn Souffle
Grilled Squash Teriyaki

### Cajun Salads

Cajun Rice Salad Cajun Potato Salad Cajun Macaroni Salad Cajun Style Pasta Salad Cajun Bean Salad Caesar Salad with Shrimp

## Beverages

Regular and Decafe Coffee Assorted Sodas Plain Bottled Waters Assorted Hot Teas Iced Tea Lemonade

### **Food Price Includes**

**Plasticware** 

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

1.Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm)
2.Delivery charged at \$50.00 (weekends 10:00 am - 1:00 pm)
3.Deliveries require a 15 to 30 minute window of arrival, please specify your delivery time when booking

4.Pick ups are scheduled from 1:00 to 4:00 PM (specific pick up times are by special request only)
5.Special delivery, pick up and service arrangements may be charged an additional fee.

**6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

### **Salad List**

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

\$2.50 per person

## Italian Buffet

### Choice of One Entree

Italian Marinated Chicken Breast
Meat and Cheese Lasagna
Manicotti with Sauce
Chicken Alfredo
Mozzarella Chicken and Sauce
Pasta Alfredo Primavera
Italian Stuffed Peppers
Italian Meat Loaf
Vegetarian Lasagna
Stuffed Shells with Peppered Sauce
Spaghetti with Meat Sauce

### **Choice of One Salad**

Italian Romaine Salad Italian Marinated Salad (or choose from salad lists)

### **Choice of Two Sides**

Italian Green Bean Casserole
Baby Whole Carrots
Italian Mixed Vegetables
Broccoli Cauliflower Carrot Medley
Tossed Parmesan Spirals
Grilled Squash and Zucchini

### Menu Also Includes

Garlic Stick or Italian Bread Parmesan Cheese Assorted Cookies or Brownies

\$10.00 per person

### **Italian Soups.....\$2.50**

Minestrone Soup Pasta Fagioli Soup Vegetarian Italian Soup Italian Wedding Soup

# Central Florida Catering

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### **Italian Choices**

(some choices effect menu price)

Chicken Breast Parmesan Italian Pork Chops Italian Beef Supreme Italian Beef Stir Fry Poached Italian Cod Fish with Italian Vegetables Italian Swiss Steak Italian Flank Steak Italian Breaded Pork Chops Italian Stuffed Chicken Breast Chicken with Italian Sausage Italian Beef Au Jus Italian Pot Roast Italian Beef Roll Ups Chicken Cacciatore Italian Chicken Roll Ups Italian Honey Chicken Italian Chicken with Vegetables Stir Fry Chicken Italian

### **Italian Sides**

Tomato Italian Zucchini
Italian Macaroni and Cheese
Italian Stuffed Baked Potatoes
Italian Cauliflower
Spinach Stuffed Tomatoes
Italian Roast Potatoes

### **Italian Salads**

Green Bean Italian Salad Italian Potato Salad Tomato Cheese Salad Italian Antipasto Salad Italian Cole Slaw Italian Spinach Salad Tortillini Salad Bowl

# **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Plain Bottled Waters
Assorted Hot Teas
Iced Tea
Lemonade

### **Food Price Includes**

Plasticware

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

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an additional fee.

**6.**Service personnel charged at \$35.00 per hour (4 hour minimum)

All prices and services are subject to change

#### Salad List

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

\$2.50 per person

# Oriental Style Buffet

### **Choice of One Entree**

Stir Fry Chicken Teriyaki
Beef Pepper Steak
Chinese Chicken with Almonds
Mandarin Style Beef or Chicken
Sweet and Sour Chicken or Pork
Cantonese Pork and Noodle
Shrimp Fried Rice with Vegetables
Stir Fried Pork with Green Onions

### **Choice of One Salad**

Oriental Tossed Salad Greens Spinach Salad Oriental Vegetable Low Mien Salad Oriental Fruit Salad Oriental Vegetable Salad

### **Choice of Two Sides**

Oriental Fried Rice
Steamed Vegetable Medley
Wild Rice Pilaf
Chinese Chicken Soup
Chow Mein Noodles
Vegetable Chop Suey
Green Beans with Water Chestnuts
Grilled Squash Teriyaki

### Menu Also Includes

Rolls and Butter Assorted Cookies or Brownies

# \$10.00 per person Add to Your Menu

Egg Rolls ......\$1.50 each Fortune Cookies.....\$.50 each

### Oriental Soups......\$2.50

Chinese Chicken Noodle Soup Egg Drop Soup Bok Choy Onion Soup

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# Additional Oriental Choices

(some choices effect menu price)

Glazed Oriental Chicken Oriental Broccoli Chicken Oriental Braised Chicken Honey Mustard Chicken Oriental Sesame Chicken Oriental Stuffed Chicken Rolls Pineapple Chicken Teriyaki Hazelnut Beef Stir Frv Stir Fry Beef and Spinach Oriental Flank Steak Oriental Beef and Mushrooms Seafood Oriental Pasta Stir Fry Shrimp Fried Rice with Vegetables Stir Fry Shrimp Scampi Oriental Pork Roast Oriental Oven Fried Pork Chops Oriental Pork Almondine Oriental BBQ Ribs

### **Oriental Sides**

Green Peas Oriental
Oriental Asparagus
Oriental Style Pasta Primavera
Fried Rice with Pork
Vegetable Low Mien
Green Beans Oriental
Oriental Pea Pods and Carrots

### **Oriental Salads**

Asian Chicken Pasta Salad Oriental
Chicken Hazelnut Salad Garden
Variety Oriental Salad Oriental
Noodle and Pasta Salad Bok Choy
Salad Oriental Rotinni
Salad

## Beverages

Regular and Decafe Coffee Assorted Sodas Plain Bottled Waters Assorted Hot Teas Iced Tea Lemonade

### **Food Price Includes**

**Plasticware** 

Equipment and Utensils for food service

China service available at an additional charge

#### **Minimums**

10 person Minimum

### Delivery and Service Charges Below Apply To The Local Orlando Area Only

1.Delivery charged at \$35.00 (weekdays 10:00 am - 1:00 pm)
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arrangements may be charged
an additional fee.

**6.**Service personnel charged at \$35.00 per hour ( 4 hour minimum)

All prices and services are subject to change

# Mexican Buffet Choice of One Entree

Taco Bar with Meat and Shells
Grilled Spiced Chicken with Salsa
Mexican Meatloaf
Grilled Chicken Fahitas
Chicken Cilantro Enchiladas
Soft Chicken Tacos
Chicken and Cheese Quesadillas
Beef and Bean Burritos

### Choice of One Salad

Mexican Caesar Style Salad Taco Salad (or choose from salad list)

### **Choice of Two Sides**

Red Beans and Ham Spicy Rice Pilaf Spanish Yellow Rice Mexican Fried Potatoes Re-Fried Beans

### Menu Also Includes

Nacho Chips and Salsa Assorted Cookies or Brownies

\$10.00 per person

### Mexican Soups......\$2.50

Mexican Potato Soup Tortilla Soup Mexican Chicken Soup Mexican Vegetable Soup

# Additional Mexican Choices

(some choices effect menu price)

Mexican Chicken
Mexican Lasagna
Mexican Chicken Rolls
Baked Mexican Fish Fillet
Swiss Steak Mexican Style
Grilled Beef Fajitas
Chicken Cilantro Enchiladas
Mexican Fried Chicken Fried Breast
Chalupas
Mexican Pork Chops
Mexican Cordon Blue
Stir Fry Mexican Chicken
Mexican Pork Roast

### **Mexican Sides**

Carrots Mexican Style
Spicy Cheese Corn Bread
Mexican Stuffed Potatoes
Mexican Pasta Bake
Mexican Sugar Snap Sauté
Zucchini Mexican Style
Mexican Conquesa
Peppered Macaroni and Cheese
Fiesta Corn
Mexican Squash

#### Mexican Salads

Mexican Macaroni Salad Mexican Chef Salad Kidney Bean Salad Salsa Vegetable Salad

## **Beverages**

Regular and Decafe Coffee
Assorted Sodas
Assorted Hot Teas
Plain Bottled Waters
Iced Tea
Lemonade

\$1.50 per person

### Salad List

Caesar Style Salad
Tossed Salad Greens
Spinach Salad
Salad Greens with Mandarin Orange
Hearts of Romaine Raspberry
Seasonal Fresh Cut Fruits
Garden Vegetables with Dips

\$2.50 per person

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# **Beef Choices Information**

# We use only USDA Choice or Prime

Please inquire as to particular cuts of beef used in entrees.

### **Portions**

Usual portions of beef are five to eight ounces per person per entree.

# Special Request Menus

Special request are always welcome.

Please inquire about special dietary requirements and other available choices.

## Carved Beef Stations

Top Round of Beef Grilled London Broil Tenderloin of Beef Stuffed Tenderloin of Beef Prime Rib of Beef Carved Pot Roast Sirloin Strip of Beef

(all served with appropriate) (condiments and mini rolls)

Carving Stations Priced Upon Request

# **Ethnic Beef Entrees**

Corn Beef and Cabbage (tender brisket with cabbage) Sombrero Beef (with kidney beans and corn) **German Beef Rolls** (bacon and dill pickle) **Italian Beef Aujus** (with italian style au jus) **Beef Lasagna Florentine** (four cheeses and spinach) Mexican Manicotti (refried beans and seasoned beef) **Beef Steak Chinese Style** (soy sauce and green cabbage) **Beef and Black Bean Tacos** (soft or hard shell) **Beef and Bean Stuffed Peppers** (seasoned beef and kidney beans) Sante Fe Soft Tacos (served soft shell with beef) **Mexican Meatballs** (loaded with peppers) **Cubed Steak Italiano** (topped with mozzarella) **Chinese Peppered Steak** (with ginger and soy sauce) **Beef and Nacho Casserole** (with monterey jack and salsa) **Mexican Meatloaf** (mixed with cheddar and salsa) **Empanadas Fritos** (beef turnovers)

Entrees Priced At \$4.50- 8.50 per person

**Chinese Beef and Pea Pods** 

(tender beef with fresh pods)

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### **Beef Entrees**

**Beef Short Ribs in Gravy** (tender ribs in brown gravy) Sliced Beef Jardiniere (shredded vegetables and sauce) **Sweet and Sour Beef** (spicy sauce with vegetables) **Medallions of Beef Forestiere** (mushroom and wine sauce) **Beef Stroganoff** (creamy mushroom sauce) **Beef Bourguinon** (bacon, wine and mushroom sauce) **Roast Filet of Beef Peppercorn** (green and black peppercorn sauce) **Beef Kabobs** (grilled vegetables and beef on skewer) **London Broil** (with mushroom sauce) **Beef Roulade** (with mushroom stuffing) **Beef Tips** (brown sauce and vegetables) Teriyaki Stir Fry Beef (with peppers and spicy sauce) Florentine Rolls (filled with spinach and cheese) **Beef Stroganoff** (brown sauce and mushrooms) Swiss Steak Jardiniere (brown sauce and vegetables) Sliced Prime Rib (with au jus and horseradish) **Country Pot Roast** (with potatoes and vegetables) **Petite Beef Tenderloin** (with au jus and horseradish) Sliced Top Sirloin of Beef (with mushroom au jus) **Country Fried Steak** (with country white gravy) Salisbury Steak in onion gravy (ground steak with seasoning)

Other Beef Choices Available
Steak Entrees

( priced per market price )
Ribeye
New York Strip

New York Strip
Tenderloin
T-Bone
Sirloin
Porter House

# **Chicken Choices Information**

# We use only Grade A Fresh Chicken

Most entrees available in boneless breast or quarter cut chicken breast

### **Portions**

Usual portions of chicken are 6 ounces of boneless breast or one quarter cut chicken breast.

# Special Request Menus

Special requests are always welcome.

Please inquire about special dietary requirements and other available choices.

### **Substitute Choices**

(substitute on any menu)
Herbed Chicken Breast
BBQ Chicken
Lemon Baked Chicken
Rosemary Baked Chicken
Honey Glazed Chicken
Jamaican Jerk Chicken
Roasted Chicken with Almonds
\$ 4.50 per person

### **Casserole Style**

(prepared using white breast meat)
Chicken and Dumplings
Spanish Chicken Casserole
Jambalaya Style Chicken
Chicken Rice Confetti
Chicken Fried Rice Pilaf
Chicken Tetrazzini
Chicken Pasta Alfredo

\$5.00 per person

## **Special Choices**

Honey Spiced Cajun Chicken (with mushroom, mustard and honey)

Sicilian Chicken

(with tomato, basil and pepper)

**Greek Lemon Chicken** 

(with lemon and feta cheese)

Chicken Lasagna

(loaded with four cheeses)

**Chicken Florentine Rolls** 

(filled with spinach and cheese)

Italian Chicken with Fresh Vegetables

(fresh tomatoes and garden veggies)
Cheesy Tomato Basil Chicken

(fresh herbs and parmesan cheese)

Soft Chicken Tacos
(spicy chicken with quacamole)

Chicken Lasagna Florentine

Chicken Acapulco

(chorizo sausage)

Chicken Tortilla Bake

(cheese and salsa)

**Chinese Chicken and Almonds** 

(Stir fry with peppers and onions)

**Nacho Chicken** 

(nacho sauce and jalapeno)

Mozzarella Chicken

(marinara and oregano)

Jambalaya

(spicy cajun seasoning and rice)

**Southern Fried Chicken** 

(breaded and deep-fried)

**Chicken Fried Chicken** 

(white country gravy)

Baked Chicken Paprika

(breaded and oven baked)

Spanish Chicken Casserole (fresh tomato and saffron)

All Entrees Priced At \$4.50- 8.50 per person

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### **Chicken Entrees**

### **Provencal**

(mushrooms, tomato and artichoke)

Jardiniere

(shredded vegetables and sauce )
Almondine

(white wine, almonds and parsley)

**Hunter Style** 

(mushroom and tarragon sauce)

**Florentine** 

(spinach and parmesan cheese)

**Grilled Marinated** 

(marinated in olive oil and herbs)

**Garlic Herbed** 

(butter lemon herb sauce)

**Sweet and Sour Glazed** 

(tangy pineapple glaze)

**Marsala Tomato** 

(with mushroom and wine sauce)

Marengo

(peppered tomato mushroom sauce)

\$5.00 per person

## Stuffed Chicken Breast Entrees

Wild Rice and Mushroom (tarragon sauce)

Spinach and Cheese

(marinara sauce)
Ham and Swiss Cheese

(white chicken sauce)

**Broccoli and Cheese** 

(cheddar cheese sauce)

Monterey Cheese and Salsa

(spanish sauce)
Spanish Rice and Peppers

(salsa with cilantro)
Crab and Shrimp Newburg

(seafood sauce)

Corn Bread Stuffing (chicken gravy)

Italian Cheeses and Tomato

(marinara sauce) **Kiev** 

(garlic butter and parsley)

# **Pork Choices Information**

# We use only USDA Choice Pork

Please inquire as to particular cuts of pork used in entrees

### **Portions**

Usual portions of pork are six ounces per person per entree.

# Special Request Menus

Special request are always welcome.

Please inquire about special dietary requirements and other available choices.

# Smoked Ham Selections

Sliced with Pineapple Glaze
Rolled with Asparagus
Country Grilled Ham Steaks
Spiral Sliced with Clove Glaze
Sliced with Natural Juice
Carved Whole Smoked Ham
Grilled with Bing Cherry Sauce
Sliced with Sweet and Sour Glaze
Carved Teriyaki Glazed Ham
Grilled with Fresh Pineapple Rings
Fresh Ham Roast with Onions
Carved Pit Ham with Sauces
Ham and Fruit Kabobs
Grilled Ham on Biscuits
Sliced Ham with Broccoli Spears

(all served with appropriate condiments)

## Ethnic Pork Entrees

Pork Jambalava (bell peppers and spicy rice) **Polynesian Pork Roast** (glaze with soy sauce and coriander) **Creole Pork Chops** (creole sauce with peppers) Caribbean Pork Ribs (pineapple honey and peppers) **Pork Chops Mexicano** (tomato, peppers and cheese) Pork and Chile Stir Fry (ginger and crushed pepper) Chinese BBQ Pork (soy sauce and honey glaze) **Hawaiian Sweet and Sour Pork** (red pepper, pineapple chunks) **Chinese Roast Pork** (seasoned with brown bean sauce) **Oriental Pork Chops** (brown sugar, garlic and soy sauce) **Italian Pork Chops** (tomato, oregano and parmesan) **Italian Pork Roast** (garlic, tomato and herbs) **Pork Oriental Stir Fry** (red pepper and bok choy) **Oriental Pork with Pea Pods** (mushroom, pea pods, and garlic) **Cuban Pork Sauté** (scallions, black pepper and onion) Spanish BBQ Pork (coriander, garlic and peppers) **Pork Medallions Milano** 

All Entrees Priced At \$4.50- 8.50 per person

(basil, walnuts, and parmesan)

# Central Florida Catering

12270 W. Colonial Dr. #114 Winter Garden, Fl. 34787 (407) 905-5718 Fax (407) 905-5719 **Pork Entrees** 

**Marinated Pork Tenderloin** (dijon mustard and herbs) **Roast Pork with Peppercorn** (with three types of peppercorns) **Medallions of Pork Apricot** (rosemary and fresh apricots) **Pork Chops with Apple Dressing** (with fresh apples and raisins) **Pork Swiss Steak** (natural gravy with vegetables) **Diion Pork Chops** (breaded with dijon mustard) **Lemon Pork Chops** (fresh lemons and onions) **Pork Chops Florentine** (spinach and swiss cheese) **Pork Loin Marsala** (mushrooms and artichoke) Pork Loin Parisian (tomato, garlic and basil) **Pork Normandy** (fresh apples and mushrooms) **Pork Piccata** (with lemons and capers) **Pork with Tarragon Mustard Sauce** (sauce with tarragon and mustard) Pork Tenderloin with Raspberry (with raspberry and horseradish) Pork Scaloppini (butter sauce with mustard) **Mushroom Topped Pork Chops** (with parsley and red onions) **Pork Chops Risotto** (green peppers and chili sauce) **Pork Chops Mandarin** (brown sugar and cinnamon) **Lemon Garlic Pork Chops** (lemon and parmesan cheese) **Pork Robert** (brown sauce garlic and mustard) **Spinach Stuffed Pork Chops** (with mushrooms and spinach) **Herbed Pork Loin** (heavy herbed garlic sauce) **Pork Chops Parmesan** (parmesan cheese and tomato)

Other Pork Choices Available

**Pork Chops Cacciatore** 

(tomato sauce peppers and onions)

# Seafood Information

# We use only USDA Grade A Seafood

Seafood available seasonally fresh and frozen.

### **Portions**

Portions of seafood depend on entree and product selected.

# Special Request Menus

Special requests are always welcome.

Please inquire about special dietary requirements and other available choices.

# Fresh Seafood Choices

Red Snapper Grouper Northern Cod Crab Legs Sword Fish Jumbo Shrimp Maine Lobster Sea Scallops

Fresh or Smoked Salmon (above choices available seasonally)

### **Other Seafood Entrees**

Seafood Jambalya
Seafood Quiche
Scallops Provencal
Lemon Baked Seasonal Fish Fillets
Seafood Alfredo
Fish Filets with Lemon Tarragon
Crab Imperial Bake

## **Shrimp Entrees**

**Shrimp Etouffee** (cajun style with bean sauce) **Shrimp and Scallop Kabob** (skewed with fresh vegetables) Pepper Shrimp and Zucchini (tossed with lemon pepper sauce) **Oriental Shrimp Stir Fry** (soy sauce and vegetables) **Italian Shrimp Gumbo** (tomato, garlic and sausage) Szechwan Shrimp (bamboo shoots and sov sauce) Shrimp Rockefeller (spinach and cheddar cheese) **Lemon Grilled Shrimp** (parsley and cayenne pepper) **Shrimp Newburg** (sherry flavored cream sauce) **Shrimp Divine** (creamy herb sauce with lemon) **Lemon and Garlic Shrimp** (scallions and olive oil) **Crab Shrimp Moray** (white wine and grugere cheese) **Shrimp Supreme** (scallions and cheddar cheese)

### **Seafood Pasta Choices**

Seafood Lasagna
Pasta and Seafood Marinara
Crab Fettucini
Pasta with Shrimp Scampi
Linguini with Clam Sauce
Seafood Thermidor with Pasta
Seafood Alfredo

# Entrees Priced At Request

### **Seafood Entrees**

**Crabmeat Dip** (pimentos and cheese with pita chips) **Shrimp Cocktail** (jumbo shrimp with spicy sauce) Crab Legs (served with butter and chili sauce) Mini Seafood Quiche (with shrimp, crab and cheese) **BBQ Shrimp** (skewered with spicy sauce) **Shrimp and Crab Cocktail** (peel and eat shrimp with crab legs) **Bacon Wrapped Broiled Shrimp** (glazed with sugar and herbs) **Shrimp Stuffed Pasta Shells** (ricotta and parisian cheese) **Spiced Shrimp and Mushrooms** (tossed with tarragon and olive oil)

# Stuffed Seafood Entrees

Shrimp with Crabmeat
Fish Filet with Shrimp
Stuffed Lobster Thermidor
Fish Filet with Crabmeat
Fish Filet with Spinach
Cheese Stuffed Salmon Filet
Stuffed Lobster Tails

# Other Seafood Entrees Available

## Central Florida Catering

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# Salad Choices Information

All Salads are prepared fresh using the highest quality products available.

Please ask about specific ingredients in salad preparation

### **Salad Choices**

(substitute on any menu) **Bean Pasta Salad** Bean Squash Salad **Corn Salad Dilled Cucumber with Yogurt Horseradish Potato Salad Mexican Vegetable Salad** Pasta Salad with Pesto Dressing **Peas and Cheese Salad** Calypso Salad **Greek Pasta Salad** Pickled Vegetable Salad Rice and Green Pea Salad Sweet and Sour Cole Slaw Wild Rice Salad Herb Green Bean Salad **Sweet Potato Salad Zucchini Harvest Salad Greek Vegetable Salad** 

\$2.00 per person

### **Deluxe Choices**

(some choices are seasonal and may effect menu price)

Oriental Salad Bowl (bean sprouts, fruit and nuts)

Tuna and Red Beans Salad (with eggs and basil)

Three Bean Tuna Salad

(kidney, garbanzo, and green bean)

Pasta Del Mar Salad

(with crabmeat and cashews)

**Mexican Salad** 

(taco meat, cheese and salsa)

Tuna Rice Salad

(albacore and long grain rice)

Marinated Zucchini Salad

(with spinach and blue cheese)

Marinated Mushroom Salad

(seasoned with dijon and tarragon)

Cauliflower Brussel Sprout Salad

auliflower Brussel Sprout Sala

(dijon mustard and olive oil)
Asparagus Vinaigrette

(in french dressing with anchovy) **\$2.50 per person** 

### **Potato Salad Selections**

(substitute on any menu)
Caesar Potato Salad
Herbed Potato Salad
Sweet Potato Salad
Horseradish Potato Salad
Blue Cheese Potato Salad
Sweet and Sour Potato
Ranch Potato Salad
German Potato Salad
Devil Egg Potato Salad
Potato Mushroom Salad
Potato Salad Mimosa
Potato Salad Monaco
Potato Salad Peninsula
Baked Potato Salad with Bacon

## \$2.00 per person

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# Leaf Salad Choices

(some choices are seasonal and may effect menu price)

### **California Mixed Greens**

(bibb lettuce, romaine, watercress, sprouts, swiss cheese and walnuts)

#### Catalina Salad

(spinach, endive, romaine, mandarin oranges, and capers)

#### Spinach Rice Salad

(green peas, pimiento, and bacon)

### **Mixed Leaf Salad with Walnuts**

(with roquefort cheese)

#### **Three Leaf Salad**

(romaine, red leaf, spinach and feta cheese)

### Caesar Style Salad

(romaine the parmesan cheese)

#### **Tossed Salad Greens**

(seasonal selection of a variety of greens)

### Spinach Salad

( with mushroom, ham, chopped eggs, and swiss cheese)

#### **Tossed Antipasto Salad**

(garden vegetables with salami and cheeses on a bed of greens)

### **Greek Tossed Salad**

(romaine with feta cheese and bacon)

Hawaiian Tossed Salad (fresh

pineapple, ham and cherry tomatoes)

### **Oriental Tossed Salad**

(water chestnuts, mushrooms, and green onions)

### Chicken Fahitas Salad

(strips of marinated chicken, peppers, and almonds)

#### **Italian Tossed Salad**

(salami, cheeses, olives and mushrooms)

#### **Cheesy Spinach Salad**

(shredded mozzarella, with special honey dressing)

Greens with Mandarin Oranges (with pecans and tomato slices)

\$ 2.50-\$3.00 per person

# **Side Choices Information**

### **Vegetables**

All our vegetable sides are fresh whenever possible. Fresh or frozen we use only the best products available. Some vegetables are seasonal and may effect menu price.

### **Potatoes**

We use only fresh potatoes in all our recipes.

## **Vegetable Choices**

**Whole Green Beans Baby Whole Carrots Broccoli Spears** Cauliflower **Sugar Snap Peas Asparagus Kernel Corn Green Peas** Spinach and Collard Greens **Green Beans Almondine Honey Glazed Carrots** Broccoli, Cauliflower, Carrot **Grilled Zucchini and Squash Grilled Herb Seasoned Squash Fiesta Corn with Peppers Buttered Corn on the Cob Buttered Asparagus with Tomato** 

Vegetable Selections Priced Upon Request

### **Starch Choices**

### **Potato Selections**

Mashed Potatoes (with butter and parsley)

Oven Browned Potatoes (with herb seasoning)

**Twice Baked Stuffed Potatoes** 

(with bacon and cheese)

**Au Gratin Potatoes** 

(with cheesy cream sauce)

Scalloped Potatoes

(with white sauce and cheese)
Home Fried Potatoes

(with peppers and onion)

Baked Potatoes

(with butter and sour cream)

**Parsley Potatoes** 

(with butter and seasoning)

**Creamed New Potatoes** 

(baby potatoes with cream sauce)

Parisian Potatoes

(with broiled herbs and butter)

### **Rice Selections**

Wild Rice Pilaf
Vegetable Rice Pilaf
Cajun Rice and Sausage
Beef Flavored Rice with Pasta
Broccoli Rice Pilaf
Rice with Cheddar Cheese
Spanish Rice
Confetti Rice with Cheese
Oriental Stir Fry Rice
Tomato Rice and Herbs

Other Starch Choices Available

Starches Priced At \$2.00 - \$3.00 per person

## Central Florida Catering

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### **Dessert Choices**

#### **Assorted Cookies**

(chocolate chip, white chocolate, oatmeal raisin, and peanut butter)

#### **Assorted Brownies**

(chocolate - chocolate, german chocolate, cream cheese, peanut butter chunk, chocolate chunk, rocky road, turtle and plain)

#### **Assorted Pies**

(apple, cherry, blueberry, key lime, banana cream, and pecan)

### \$1.50 per person

### **Assorted Cakes**

(double chocolate, german chocolate, lemon layer, raspberry mousse and carrot)

#### **Cheese Cakes**

(plain, turtle, chocolate, raspberry, strawberry)

### \$2.00 - \$3.00 per person

### Other Desserts Available

Decorated Sheet Cakes
Triple Layer Gourmet Cakes
Mini Pastries and Petite Fours
Frozen Novelties
Chocolate Fondue
Chocolate Covered Strawberries

# Above Selections Priced Upon Request

### **Bread Selections**

(served with butter)

Assorted Dinner Rolls
French Bread
Garlic Sticks
Garlic Bread
Hard Rolls
Bread Sticks
Italian Bread